

Oxygen Botanicals™ Signature 30% Enzyme Peel Treatment

Helps to exfoliate the skin, leaving it revived, refreshed and rejuvenated

Suggested Frequency of Treatment: 1 per month

Supplies Required for Treatment:	Products Required for Treatment:
Small beaker or glass/plastic bowl 2 X 2 gauze pads Facial towels Facial brush Non-latex gloves Hot towel cabinet (Optional) Head band/hair cover	Antiseptic Wash Makeup Remover Deep Pore Cleanser Gel Toner N/D or C/O Oxygen Enzyme Gommage Peeling Mask Oxygen Powder Enzyme Mask N/D or C/O Exfoliant Activator Super Hydrating Activator Oxygen Enzyme Serum Peel 30% Oxygen Post Chemical Serum Vitamin C Serum N/D or C/O Eye Serum (Gel) or (Liquid) Eye Cream Total Sun Protection SPF 30 or Lightweight Total Sun Protection SPF 30

Protocol

Client Preparation:

1. Remove all jewelry and protect client's hair.
2. Apply Antiseptic Wash to hands and put gloves on.

Cleansing Procedure:

3. Remove makeup from face, eyelids and lashes with Makeup Remover and remove with warm, aromatic towel.
4. Deep cleanse the face thoroughly with Deep Pore Cleanser to remove any residue left on the skin. Remove cleanser with a warm, aromatic towel.
5. Optional: Apply Gel Toner N/D or C/O.

Exfoliation/Mask:

6. Apply Oxygen Enzyme Gommage Peeling Mask to the face and neck. Leave mask on 3-5 minutes. Roll mask off with brisk gommage movements for improved circulation of the skin. Remove excess product with a warm, aromatic towel.
7. **Customized Peel/Mask: In a beaker or small bowl combine and apply to the skin:**
 2 teaspoons Oxygen Powder Enzyme Mask N/D or C/O
 1 teaspoon Exfoliant Activator
 1 teaspoon Super Hydrating Activator (or Exfoliant Activator for more aggressive results)
 up to 10 drops of Oxygen Enzyme Serum Peel 30%
 This mixture should remain on the skin for 3-10 minutes, dependant on client's skin sensitivity. Continue checking in with client's comfort level. Steam is optional and will boost activity of the mask. Massage neck & décolleté with Massage Gel while product sets. Remove excess mask with a warm, aromatic towel.
8. Manual extractions may now be performed as needed.
 Follow with the application of a small amount of Gel Toner C/O.





Massage:

9. Apply Massage Gel to face and neck and perform light massage. Remove excess product with a warm, aromatic towel.

Optional Hydrating Mask: Apply a thin layer of Hydrating Mask N/D or C/O to face, neck and décolleté. Let set 5 to 10 minutes. Remove with warm, aromatic towel...

Final Hydration:

10. Apply small amount of Liposome Complex to face and neck.
11. Apply Day Cream N/D or C/O to face and neck (optional).
12. Apply small amount of Eye Serum (Gel) or (Liquid) around eye area.
13. Apply small amount of Eye Cream around eye area.
14. Apply Lightweight or Total Sun Protection SPF 30 to face and neck and massage for absorption.

Recommend Retail Skin Care Kit (Dependant on Skin Concerns):

- **Acne 1-2-3 Skin Care Kit:** Specialty Foaming Gel Cleaner B, Specialty Cream B, *Lightweight* Total Sun Protection SPF 30
- **Rejuvenation Skin Care Kit:** Milk Cleanser N/D, Gel Toner N/D, Specialty Serum W, Kinetin O2 Cream, Total Sun Protection SPF 30
- **Hyperpigmentation Skin Care Kit:** Milk Cleanser N/D or C/O, Gel Toner N/D or C/O, Specialty Serum H, Night Cream N/D or C/O, *Lightweight* or Total Sun Protection SPF 30
- **Dry Skin Care Kit:** Milk Cleanser N/D, Gel Toner N/D, Super Hydrating Cream, Hyaluronic Hydrating Gel, Total Sun Protection SPF 30
- **Essentials Skin Care Kit:** Milk Cleanser N/D or C/O, Gel Toner N/D or C/O, Exfoliant, Night Cream N/D or C/O, *Lightweight* or Total Sun Protection SPF 30
- **Oily Skin Care Kit:** Deep Pore Cleanser, Gel Toner C/O, Exfoliant, Night Cream C/O, Total Sun Protection SPF 30 *Lightweight Formula*



Oily Skin Regimen

<p>A.M. Deep Pore Cleanser Using a circular motion, massage a small amount over wet face and neck. Rinse and dry well with a soft cloth. Gel Toner C/O After cleansing, apply a small amount with a cotton pad or fingertips to face and neck. Do not rinse. Exfoliant Use one to three times per week. After cleansing, gently massage a small amount in a circular motion over face and neck, concentrating on problem areas to remove dead and damaged skin cells. Total Sun Protection SPF 30 Lightweight Formula Apply a generous amount evenly to cleansed face, neck and hands. Apply 30 minutes prior to sun or any type of UVA/UVB exposure.</p>	<p>P.M. Deep Pore Cleanser Cleanse as in A.M. directions. Gel Toner C/O Tone as in A.M. directions. Night Cream C/O Massage into cleansed skin on the face and neck. Additional Product Suggestions: Vitamin C Serum C/O Multifruit Acid Refiner Hydrating Mask C/O</p>
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Essentials Regimen

<p>A.M. Milk Cleanser Normal to Dry (N/D) or Combination to Oily (C/O) Using a circular motion, massage a small amount over wet face and neck. Rinse and dry well with a soft cloth. Gel Toner N/D or C/O After cleansing, apply a small amount with a cotton pad or fingertips to face and neck. Do not rinse. Total Sun Protection SPF 30* Apply a generous amount evenly to cleansed face, neck and hands. Apply 30 minutes prior to sun or any type of UVA/UVB exposure. Makeup may be applied over Total Sun Protection if desired. Reapply after swimming, excessive perspiration or after towel drying. *Our lightweight formula is an option for C/O skin or humid climates.</p>	<p>P.M. Milk Cleanser N/D or C/O Cleanse as in A.M. directions. Gel Toner N/D or C/O Tone as in A.M. directions. Night Cream N/D or C/O Massage into cleansed and toned skin on the face and neck. Use as Needed: Exfoliant Use one to three times per week. After cleansing, gently massage a small amount in a circular motion over face and neck, concentrating on problem areas to remove dead and damaged skin cells. Rinse thoroughly/dry with a soft cloth. If skin is irritated or sensitive, use small amount with Milk Cleanser or Gel Toner for a milder exfoliant. Additional Product Suggestions: Vitamin C Serum Eye Cream & Eye Serum</p>
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